



## CalFresh Looks Like You

Ready to increase your food budget? YOU may be eligible!



**Students can apply for CalFresh if they meet these core requirements:**

### MEALS

You receive no more than 10 meals per week through a meal plan, fraternity/sorority, housing cooperative, or other source.

### WORKLOAD

Attend classes half-time or more

### CITIZENSHIP

You are a U.S. citizen or lawful permanent resident (LPR):

- People on a student, work, or tourist visa; in DACA; with Temporary Protected Status; who are undocumented; or who are here with an employment authorization card are unlikely to be eligible.
- Other types of citizenship can make you eligible. Check with a County Eligibility Worker for details.

Eligibility requirements continued on back.

**Eligibility criteria applies to most applicants.  
Speak with a CalFresh representative to determine your eligibility.**



## Did you know?

CalFresh eligibility criteria for students were recently expanded.



## Core requirements (continued):

### INCOME

You fall within the income threshold for your household size:



**Household:** Your “household” is the number of people you buy and share food with.



**Example:** If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.



**Certain expenses,** like childcare, can be deducted to adjust your income. An expert at your campus resource center or local social services department can guide you.

Note: Most financial aid is not counted as income.

## You must also have at least one additional requirement.

Speak with a CalFresh representative as requirements can vary by county. These are a few examples:



**Working 20 hours or more each week**



**Eligible for work-study**



**Have a dependent under 12 years old**



**Receive Cal Grant A or B**



**Receive CalWORKS**



**Enrolled in a school employment training program\***

Talk to a school or county enrollment specialist for a complete list.



Learn more about CalFresh at [CalFreshFood.org](http://CalFreshFood.org)

